

Eating Disorder Support Group

A safe, comfortable place where you can find support on your path to recovery.
Recovery is possible!



Do you want extra support for your struggles with:

- binge, compulsive or emotional eating?
- negative body image & dissatisfaction with your body?
- compulsive exercising?
- counting calories, fat grams & restricting?
- purging after meals to “control” your weight?
- depression and difficult emotions?
- the challenging path to recovery?

Meetings are
Every 1st and 3rd Thursday
6:30pm-7:30pm
OMHS HealthPark
Chapel Room # 1105
1006 Ford Ave, Owensboro, KY

Are you or someone you know suffering from an eating disorder?
Please join us to share, support and heal. Meetings are **free and open** to the public.



For More Information Contact: SupportGroup@AubreysSong.org
270-852-6514

Helping others live by keeping Aubrey's Song alive!

AubreysSong.org

If Owensboro Public (City) Schools are closed due to inclement weather, there will be no group that night.